



EBOR ACADEMY TRUST

Policy Number

6

**Statutory
Food Policy**

Signed: _____

Peter D. Angelo

Dated:

April 2016

Review Period:

Every 3 years

Review Date:

April 2019

Ebor Academy Alliance Statutory Food Policy

1. Rationale

The school believes that promoting and providing a healthy eating and drinking provision is vital in the promotion of healthy eating and a healthy lifestyle.

Each Academy in the Ebor Trust provides a Healthy Schools ethos.

This policy reflects national aims and priorities including DfES Food in Schools Toolkit, Healthy Eating standard of the National Healthy Schools Programme Recommendations in the Turning the Tables Transforming Meals Report (DfES) 2005.

2. Roles and Responsibilities

a. Parents/carers

Parents/carers are encouraged to support the healthy provision of food within the school programme and have access to this policy. The school plays its part in ensuring that parents/carers are kept up to date in developments regarding healthy food provision.

Parents/carers are informed of changes in this policy through newsletters available on the school website.

b. Pupils/Students

Pupils/Students have an entitlement to healthy food. They will be actively consulted about the food provision within the school and their views will be central to developing that healthy provision.

Pupils/students are consulted via the Pupil/Student Council and / or working parties.

c. All Staff

All staff both teaching and non-teaching should be aware of the policy and how it relates to them. Any staff involved in practical food education should have opportunities for relevant training including diet, nutrition, food safety and hygiene.

Staff are consulted via the staff room notice board and are invited to share ideas.

3. School Meals

School meals will be provided for all children. There will be no charge for children in EYS and KS1 (As per the current Government Universal Free School Meal initiative). KS2, KS3 & KS4 children will be charged for a school meal. Children in all primary years may bring a packed lunch if parents/carers would prefer.

For preschool children please speak to the school direct regarding provision for hot school lunches as not all primary schools have this provision. You may also take the option of supplying your own packed lunch from home.

Secondary Schools within the Ebor Academy trust encourage collective lunches where students and staff sit down together to eat and share thoughts on the day. Year 7 & 8 students are expected to stay for school dinners and these are provided in the form of family dining. Each student has a job to do and the food is brought to the table, served and cleared away by students. Members of staff also sit and eat lunch with the students.

Year 9 and 10 students will still experience collective dining and are encouraged to continue to have school dinners and participate in family dining, however at the moment they do have the option of bringing a packed lunch.

In Year 11 we believe we need to prepare students for their next steps on their educational journey and therefore they have more independence during the lunch period. Year 11 students have the option of school dinners or packed lunches.

4. **Dietary Requirements**

Food will be provided for all Pupils/Students with consideration of any particular dietary requirements and specific needs relating to culture and diversity.

Parents/carers requesting a special diet for their children due to medical or religious reasons are asked to complete a Provision for Special Diet request (Appendix B)

5. **Aims and Objectives of the Policy**

This school actively supports healthy eating and drinking throughout the school day, ensuring that all aspects of food and nutrition in school promotes health and well-being of Pupils/Students, staff and visitors to our school. The school is committed to embracing national initiatives that are food related and identifying how these may be implemented within the school, currently this includes the School Fruit and Vegetable scheme.

6. **Teaching Programme and Strategies**

Food Education (healthy eating) is delivered by class teachers, cook school and visiting experts e.g. a chef. A variety of teaching and learning strategies are used. This provides Pupils/Students with the opportunity to learn about different types of food in the context of a balanced diet. They will learn how to plan, budget, prepare and cook meals, whilst understanding the need to avoid consumption of foods high in salt, sugar and fat and increase the consumption of fruit and vegetables.

7. **Cook School**

Primary Schools within the Ebor Academy Trust promote Cook School. Cook School will follow curriculum guidelines for both KS1 & KS2 regarding healthy eating, nutrition, food sources and food preparation skills. There is focus on food hygiene and safety in the kitchen. There is a continual monitoring and updating of food intolerances and / or allergies and respect for specific dietary requirements, religious reasons or choices where suitable alternatives will be provided where possible. Cook School will support the school's healthy eating and nutrition ethos with practical sessions and encouragement to try and taste a variety of foods.

8. **Disclaimer**

While all reasonable precautions will be taken to ensure all products supplied are free from nuts and other allergens, we cannot guarantee this to be the case as products may be subject to external influences which cannot be controlled by the catering service.

9. **Implementation of the Policy**

A copy of this policy is available for any member of staff, Parent/Carer, outside agency. Copies are kept in the office and are available on the school website.

Request for Provision of Special Diet for Pupil/Student

Reason For Request for Special Diet / Menu	
--	--

Pupil/Student Information

Name		Date of Birth	
------	--	---------------	--

Class/Form		Date Started	
------------	--	--------------	--

Date Request Received		Sample Menu Attached	<u>Yes/No</u>
-----------------------	--	----------------------	----------------------

Please circle as appropriate the reason for the Special Diet / Menu

Allergy*	Intolerance**	Religion
Information:		

Details of Reaction	
Additional Info	

While all reasonable precautions will be taken to ensure all products supplied are free from nuts and other allergens, we cannot guarantee this to be the case as products may be subject to external influences which cannot be controlled by the catering service.

Signed: _____ **Parent/Carer** **Date:** _____

*Allergy - where there are severe consequences to eating the food

**Intolerance - where there is a reaction but not a life threatening situation

Provision of Special Diet

Reason For Request for Special Diet / Menu	
--	--

Pupil/Student Information

Name		Date of Birth	
------	--	---------------	--

Class/Form		Date Started	
------------	--	--------------	--

Date Request Received		Menu Attached	<u>Yes/No</u>
-----------------------	--	---------------	----------------------

Please circle as appropriate the reason for the Special Diet / Menu

Allergy	Intolerance	Religion
Information:		

Details of Reaction	
Additional Info	

While all reasonable precautions will be taken to ensure all products supplied are free from nuts and other allergens, we cannot guarantee this to be the case as products may be subject to external influences which cannot be controlled by the catering service.

Instructions Issued

Photo & Details in kitchen		Photo Attached	
I have checked the menu attached and I can confirm this is acceptable.			
Signed:.....		Date:.....	
Parent/Carer / Guardian			
I have read and understood the special food requirements above. I will ensure the correct menu is provided.			
Signed:.....		Date:.....	
Catering Supervisor			