

INTENT

Camblesforth's vision is to prepare our children to be happy, successful and responsible citizens in the future. Our intent is to develop outward-looking pupils, who are able to engage in learning both about themselves and about the wider world. We believe our Health, Relationships and Sex education programme contributes to the vision and intent and is also underpinned with our values and ethos.

The aim of RSE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour. This should take place with consideration of the qualities of relationships within families.

Every child is entitled to receive RSE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language, special educational needs, disadvantaged and looked after children.

It is our intention that all children have the opportunity to experience a programme of RSE at a level which is appropriate for their age and physical development with differentiated provision if require

IMPLEMENTATION

Our school is a member of the PSHE Association and our long term plans (LTP) have been created using the Association's thematic model as a basis. Our LTP is a rolling 2-year programme to allow continuity for all children within their mixed year group classes. Our curriculum is responsive to the needs of our community of children and our planned content is therefore flexible to allow for any issues arising to be addressed in a timely manner, for the greatest positive impact on the children. At Camblesforth the PSHE curriculum fully incorporates the National Curriculum requirements for Relationships and Health Education and Sex Education. All elements of the PSHE programme are compulsory except for Sex Education. The science curriculum includes content on human development and reproduction, which is delivered during science lessons.

At Camblesforth, PSHE is taught fortnightly by the class teacher, in Key Stage One this varies depending on the current needs. The lessons are varied and interactive, and are taught in a safe environment, where all children are encouraged to share their opinions, ideas and feelings.

Evidence of the children's learning can be seen in their Wider Curriculum books as well as on various online learning programmes and apps, including Google Classroom, Seesaw and Jamboard, and of course in the children's own actions and choices, as they apply their knowledge

and skills to their daily lives.

At the beginning of each school year, parents and carers are provided with a leaflet containing all the vocabulary their child will be taught as part of their PSHE lessons. We encourage parents/carers to read this and speak to their child's class teacher if they have any worries or questions.

In addition to the taught PSHE lessons, the children's personal development is grown by the application of our school values (Excellence, Belonging, Opportunity, Respect), British Values, and our school ethos (Mutual Respect, Trust, Honesty, Self-Belief). We have a daily emotional check-in for all children, to develop their emotional literacy and build their confidence. We offer hub clubs to all children and nurture groups to those who need a little extra support. We have weekly values assemblies, singing assemblies, class assemblies and celebration assemblies, where children have opportunities to express themselves, to further develop their understanding of our values, to learn about other cultures, music and art, and to celebrate their successes as a whole school community. The school's restorative approach equips children to understand the impact of their choices and to work to resolve conflict or difficulty in a respectful manner. We have a number of 'helping hands' within our school family – these are children who act as peer support by being Reading Buddies, School Councillors, Restorative Champions, Sports Leaders and Lunch Buddies.

IMPACT

At Camblesforth Primary Academy children understand the importance of PSHE, RE, SMSC and British Values and the effects it can have on life in and out of school. By teaching pupils to stay safe and healthy, and by building self-esteem, resilience and empathy, an effective PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils. The skills and attributes developed through PSHE education are also shown to increase academic attainment and attendance rates, particularly among pupils eligible for free school meals, as well as improve employability and boost social mobility. By the time they leave our academy, personal, social and health education (PSHE) enables our learners to become healthy, independent and responsible members of a society. It helps them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Our curriculum allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.